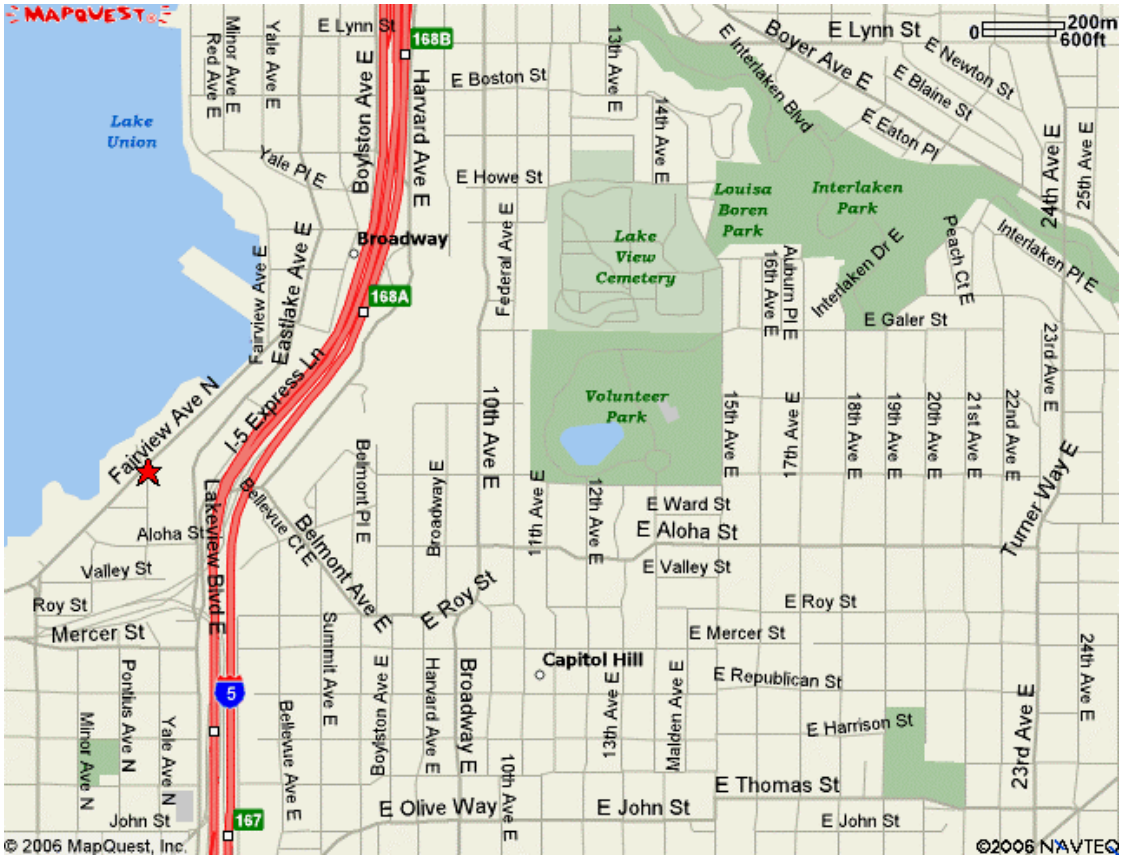
Walk It Off

Healthy Challenge Lunch Time Walks

Volunteer Park (~2.6 miles roundtrip)



- Head (E) on Aloha to Eastlake
- Turn (R) onto Eastlake
- Turn (L) up the overpass (Lakeview Blvd.) until you get to the stop sign at the top
- Veer (R) onto Belmont and go up the hill
- Turn (L) up Bellevue Pl
- Turn (L) on Boylston
- Turn (R) up E Prospect and continue up the hill to Volunteer Park
- Turn (L) to enter the park at 12th or 14th Ave and continue up the path until you go around the water tower
- Head (N) past the Seattle Asian Art Museum until you get to the traffic circle in front of the Arboretum.
- Head (W) down the hill
- EITHER:
  - Go down the stairs on the (R) to meet up with Highland Dr, go a few blocks, then turn (L) to meet up with Prospect OR:
  - Continue around the loop until you return to Prospect around 12th Ave.
  - Return (W) on Prospect and complete the walk by returning the direction you came